



High Ropes Challenge Course
Statement of Program

The High Ropes Challenge Course at Lakeview Villages is designed to help groups build community on common ground. The goals of the course are: to increase mutual support within a group; to facilitate commitment to and growth in the Christian faith; to enhance involvement with the natural world; to increase the participants' sense of personal confidence; and to have fun.

The course involves activities centered around a series of elements or structures made with steel cable, wood, and rope. Each presents a different challenge. Participants will walk on cables, climb trees, work as a group to physically carry or support other participants up a giant ladder, and have close physical contact with other group members. Certain risks are inherent in the course. These risks may include loss or damage to personal property, physical or psychological damage and/or injury, not excluding fatality, due to accidents which may occur. Course participants will also be exposed to the elements of nature including temperature extremes and inclement weather.

Reasonable precautions to protect participants is taken. Each participant must recognize the importance of following the facilitators' instructions. Safety rules and procedures will be obeyed. Appropriate individual conduct is expected. No one is allowed on the course without proper supervision. Participation in the challenge course is completely VOLUNTARY. Participants take full responsibility for the decision to participate or not to participate. Participation in the High Ropes Challenge Course requires physical well-being and mental alertness. Please report any condition that may restrict participation.

During course use, participants will not wear dangly jewelry, watches, or excessively baggy clothing. Participants will wear closed toe shoes and tie backs for long hair. Be prepared for being outside – have appropriate clothing for the weather, bug repellent, sun screen, etc.

I _____ (participant) have read the above statement of program and understand and accept all of the risks and responsibilities that accompany participation in the High Ropes Challenge Course.

Participant Signature _____ Date _____

Parent Signature (if participant is under 18) _____ Date _____